

# ORAEYC Fall Conference Session Descriptions

## Friday November 12<sup>th</sup>

9:00am-10:00am

### KEYNOTE: Jocelyn Manzanarez

#### **Bringing Joy Back to Teaching: How to rediscover your JOY for teaching in challenging times**

Over the last 2 years, the education of young children has been turned on its head and educators like you have been asked to teach in ways you could have never even imagined. From keeping tables sanitized to ensuring little ones are socially distanced throughout the day, the path has not been easy. Yet, you've continued to show up.

For many educators, this has caused them to seriously consider leaving the profession. But if there is anytime that kids need you the most, it's right now.

In this motivating and inspiring session, Jocelyn will help you make the ultimate shift away from feeling burnt out, frustrated, tired and even considering changing careers simply by tapping into a source of energy that's inside each one of you. This energy source will fuel a fire that will make you feel excited, empowered and motivated and help you Bring Joy Back to Teaching.

**Jocelyn Manzanarez**

**Set One: PPLD**

**Ages: N/A**

### Friday Morning Sessions 10:15-12:15 (2 hours)

#### **Boys Can Make You a Better Teacher: Responding Masterfully to Boy Energy in the Classroom**

We must reverse the alarming trend of boys being expelled from preschool and lagging behind academically. Frustrated with active boys who can't seem to sit still or listen? Wish you had more time to teach rather than just manage behavior? Discover how to match activities and learning environments to the distinct learning styles of boys.

**Janet Allison (Oregon Registry Master Trainer)**

**Set Two: Human Growth & Development**

**Ages: 3-5, 5-8**

## **Coaches Roundtable: A Celebration of Coaching in Oregon's Early Learning Systems**

Do you provide coaching in your own practice? Are you interested in contributing to the growth of coaching practices across Oregon? Our team of Mentor coaches want to hear from you. Join us for a roundtable discussion of coaching in Oregon's early Learning systems. We will celebrate successes, gather input, and begin to establish ongoing partnerships to inform coaching efforts across the state.

**Dorit Harvey-Skidmore (Oregon Registry Master Trainer)**

**Set One: Personal, Professional & Leadership Development**

**Ages: N/A**

## **From Chaos to Calm: 7 Secrets for Circle Time Success**

Tired of feeling like a peace keeper at circle time? Learn seven secrets to turn your circle times around. Based on research and many years of classroom experience, Jocelyn will demonstrate effective ways to tackle challenges that may be standing in the way of learning and fun. This fast-moving session is packed full of felt stories, songs, movement games and more. Participants will gain valuable skills to use when they return to their early learning sessions on Monday morning.

**Jocelyn Manzanarez**

**Set One: LEC**

**Ages: 0-3, 3-5, 5-8**

## **The 30 Most Common Behavior Support Mistakes Professionals Make & What To Do Instead**

For professionals and parents alike, this presentation is a highly engaging overview of the most common errors people make related to teaching and promoting good behavior of young children. The evidence-based strategies to apply instead are discussed. Bring a sense of humor to this interactive introduction of how best to promote the emotional regulation and social development of young children.

**Benjamin Smith (Oregon Registry Master Trainer)**

**Set One: Understanding and Guiding Behavior**

**Ages: 3-5, 5-8, 5-12**

## **Friday All Day Session 10:15am-4:45pm (1/2 hour lunch break)**

### **Developing Early Childhood Education Settings to Support Students with Autism and Other Developmental Delays**

This training provides early childhood education staff with the knowledge to develop classrooms that support children with autism through the implementation of research-based strategies. Topics include examining learning characteristics of autism, positive behavioral strategies, and techniques to promote social and language skills. This workshop provides examples of evidence-based practices that can be immediately implemented in classrooms.

**Alicia Balfrey & Darby Lasley (Oregon Registry Master Trainers)**

**Set Two: Special Needs (3hrs) & Understanding & Guiding Behavior (3hrs)**

**Ages: 3-5**

**6 hours**

## **Friday Afternoon Sessions 1:15pm-4:15pm**

### **Colaboración de Padres: Cultivando Cambios**

¡Los grandes resultados requieren que el personal comprenda el desarrollo infantil Y cómo trabajar con los adultos! Aprenda cómo ser entrenadores de padres más efectivos, cómo apoyar el crecimiento y el cambio de comportamiento, y formas culturalmente sensibles que deberían resultar en un aprendizaje más significativo y cambios positivos para los padres.

**Teniel Sabin (M.A. Master Trainer)**

**Set One: PPLD**

**Ages: Adult Learning**

**This session is presented in Spanish**

**Parent Coaching: Cultivating Change**

Great outcomes require staff to understand child development AND how to work with the grown-ups! Learn how to be more effective parent coaches, how to support growth and change Behavior, and culturally responsive ways of coaching that should result in more significant and meaningful learning and positive changes for the parent.

### **Dream. Connect. Action. Get Off That Carousel!**

School leadership can feel isolated and lonely. You find yourselves with big dreams for your school that get side-lined by the day-to-day. Time to stop that right now! Make connections, network, plan, and find the inspiration! Develop an action plan and build a supportive squad that cheers you on and holds you accountable with respect, caring and kindness.

**Amy Williams (Oregon Registry Master Trainer)**

**Set One: PPLD**

**Ages: N/A**

### **Keep Making a Difference: How to Build Stronger Brains**

1000 Trillion! No, not the stars in the Milky Way-it's the number of connections a baby's brain has formed by the age three. Recent technological advances allowed scientists to see the brain working. What scientists found is the brain continues to form after birth based on experiences. This presentation will suggest child-centered actions to build stronger brains.

**Kathleen Burrell (MS Curriculum & Development)**

**Set One: Learning Environments & Curriculum**

**Ages: 0-3, 3-5, 5-8**

### **Play Based Learning: Building the Curriculum into the Environment**

Participants will explore strategies for creating environments that are play based and educational. Examining the theory that if children are engaged in their play, they are learning.

**Rhonda Schock (Oregon Registry Master Trainer)**

**Set Two: LEC**

**Ages: 3-5**

## **Positive Relationships: Building Skills and Behavior for Healthy Social Dynamics**

Participants will explore common challenges in negative relationship dynamics and the skills and prosocial behaviors needed to create healthier social exchanges through problem solving, communication, and connection. Strategies based upon theories and research related to psycho-social stages, attachment, parenting/teaching styles, and relationship dynamics will be examined to promote healthy development and relationships from early childhood to adulthood.

**Aoife Magee (Oregon Registry Master Trainer)**

**Set Two: Understanding & Guiding Behavior**

**Ages: 3-5**

## **Evening Sessions 6:00pm-9:00pm (unless otherwise noted)**

### **Growing Your Teachers: One Conversation at a Time!**

During the session, early childhood leaders will explore how to reflect upon and analyze each teacher's current state of performance and mindset, and then effectively support them where they are, by using practical conversation strategies! We will explore the concepts of: intentional listening, calibrating ideas, effective feedback protocols and true collaboration.

**Julie Denise Cucuel (M.Ed.)**

**Set One: PPLD**

**Ages: N/A**

**6:00pm-8:00pm 2 hour session**

### **Picking Up the Pieces: Strategies to Support Children In the Aftermath of Trauma & Disasters**

In this training we explore how children's brain development is affected by traumatic events and explore the differences between toxic and tolerable stress. We will apply developmentally appropriate strategies to nurture healthy coping and the importance of children's involvement in the process.

**Kelley Lawson (Oregon Registry Master Trainer)**

**Set 2: Human Growth & Development**

**Ages: 0-3, 3-5**

Saturday November 13<sup>th</sup>

**Morning Sessions 9:00am-12:00pm**

**Child's Play**

Explore how to observe and assess children's development while they play. This class will focus on several tools used for observations and assessments and how to use those tools for curriculum implementation for the classroom or home environment. We will also develop a system for sharing the observation assessment outcomes.

**Debbie Buta (Oregon Registry Master Trainer)**

**Set Two: Observation & Assessment**

**Ages: 0-3, 3-5**

**Emotion Coaching for Young Children**

Participants will examine Meta-Emotions, the Four Parenting Styles, and the five steps to Emotion Coaching based on the work of the Talaris Institute and John Gottman, Ph.D. The purpose is to help parents and early childhood practitioners understand the importance of valuing emotions, both in children, and in themselves.

**Aoife Magee (Oregon Registry Master Trainer)**

**Set Two: Understanding & Guiding Behavior**

**Ages:**

**Menos Estrés, Más CALMA: Cómo mantener TU calma para ayudarles a que encuentran SU calm**

La autorregulación es una habilidad que debe APRENDERSE. Para que los niños aprendan esta habilidad, hay que modelar como cargamos sus emociones con CALMA y EMPATÍA. 1. Cómo mantener tu calma mientras ayudas a los niños encontrar y aprender Descubrir su calma. 2. Qué decir y hacer ANTES, DURANTE y DESPUÉS de momentos difíciles.

**Teniel Sabin (M.A. Master Trainer)**

**Set One: Human Growth & Development**

**Ages: 0-3, 3-5**

**This session is presented in Spanish**

**More Calm, Less Stress: how to maintain your calm and support them**

Self-regulation is a LEARNED skill. For children to learn this skill, we must model how we carry their emotions with CALM and EMPATHY. 1. How to stay calm while helping children Discover their calm. 2. What to say and do BEFORE, DURING and AFTER difficult moments

**Playing in Digital Spaces: Designing Interactive Environments**

All classrooms are communities of inquiry, providing children with qualitatively rich experiences through which "children can articulate and explore their own interpretations of the world and bring these into dialogue with others" (Vansielegheem & Kennedy, 2011). The underlying assumption is that such a classroom challenges the

normative adult world views of technology's application in learning experiences to engaging children. Our research focused on dismantling traditional structural views of technological learning by revealing educators' and children's voices engage in innovative practices in classroom communities.

**Ingrid Anderson (Oregon Registry Master Trainer)**

**Set Three: Learning Environments & Curriculum**

**Ages: 3-5, 5-8**

### **The Power of Early Learning Environments: Creating Classroom Spaces that Support Learning Through Play**

How can teachers create classroom environments that promote children's learning and development; while inviting rich inquiry, discovery, and investigation? In this workshop participants will gain tools and techniques to create successful classroom spaces that invite learning and explore how a classroom environment can support children's self-management, learning, and development.

**Rachel Elliott (Oregon Registry Master Trainer)**

**Set Two: HGD/LEC**

**Ages:**

### **We Belong: Recognizing Special Needs in Infants & Toddlers and connecting Parents with Early Intervention Referrals**

In this training participants will examine types of special needs for infants and toddlers, practice talking to parents about suspected developmental delays and implement strategies to connect families with appropriate agencies.

**Kelley Lawson (Oregon Registry Master Trainer)**

**Set Two: Families & Community Systems (1.5) / Special Needs (1.5)**

**Ages: 0-3**

### **Saturday All Day Sessions 9:00am-4:00pm (1 hour lunch)**

#### **Exploring Strengthening Families thru the Protective Factors**

The Protective Factors is a National and International initiative aimed to develop and enhance five specific characteristics that help keep families strong and children safe from abuse and neglect. We will explore strategies to support families with emphasis on positive outcomes through the understanding of our values, skills giving respect to all cultures and family strengths.

**Rhonda Schock & Paula Lynam (Oregon Registry Master Trainers)**

**Set Two: Families & Community Systems / Understanding & Guiding Behavior**

**Ages: N/A**

## **Afternoon Sessions: 1:00pm-4:00pm (unless otherwise noted)**

### **A Jar Full of Math: 12 Quick DAP Math Games**

Early Education Heroes Create Happy Classrooms. Being a prepared, happy teacher makes for a fun, smooth-running classroom. This training is an opportunity to learn 12 DAP games to use with little or no preparation.

Kathleen Burrell (MA Curriculum & Development)

Set One: Learning Environments & Curriculum

Ages: 0-3, 3-5

### **Exploring the Development of a Sense of Self for Infants and Toddlers**

As infants move into toddlerhood, the influence of their environment and the growing relationships with teachers influence the development of a sense of self. Come explore the concept of Infant and toddlers sense-of-self. Examine ways adults can help promote sense-of-self for very young children.

Debbie Buta (Oregon Registry Master Trainer)

Set Two: Human Growth & Development

Ages: 0-3

### **Help! Caregiver In Distress**

In this session we will examine factors that lead to burnout and warning signs of compassion fatigue. We will select practices to help the caregiver develop strong social and emotional health including mindfulness, self-care, and resilience.

Kelley Lawson (Oregon Registry Master Trainer)

Set Two: PPLD

Ages: N/A

### **The Teacher's Way Part I: Implementing Strategies for Self-Care**

How you feel inside is reflected in your work with others. Participants will experiment with intermodal creative arts approaches that support personal growth in two ways: 1. Develop strategies that minimize the effects of stress and burnout. 2. Learn how the creative arts can revitalize their personal and professional developments.

**\*This workshop falls under the category of active learning and it requires your full participation. Therefore, your video must be on during the entire workshop. \***

Lanie Bergin (Oregon Registry Master Trainer)

Set Two: PPLD

Ages: N/A

1:00pm-5:00pm \*\*4 hours\*\*

**Sunday November 14<sup>th</sup>**

**Morning Sessions 9:00am-12:00pm**

**Beyond Avoiding Burnout**

Have you already tried the basics of eating well and taking care of yourself? Are the daily stressors in the life of an early childhood professional causing chaos in your life? We will examine the factors that lead to high stress situations. We will explore and practice a variety of methods to create a more balanced and healthful work environment.

If you pre-register and complete the 1 hour pre-class assignment (time log and reading the NAEYC Code of Ethics) you may qualify for a 4 hour certificate rather than 3 hours.

**Merrily Haas (Oregon Registry Master Trainer)**

**Set: Two: Health Safety & Nutrition (2hrs) & PPLD (1 hour)**

**Ages: NA**

**Privilege Is Not A Dirty Word**

In this workshop participants will examine their personal perspectives of privilege and how these perspectives shape their ECE practices.

**Kelley Lawson (Oregon Registry Master Trainer)**

**Set Two: Diversity**

**Ages: N/A**